**POLA MENU INSTALASI GIZI RSUD TUGUREJO SEMARANG**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **BAHAN MAKANAN** | **PAGI** | **SIANG** | **MALAM** | **JUMLAH** |
| **KELAS VIP** | | | | |
| Makanan Pokok | 1 x | 1x | 1x | **3 X** |
| Lauk Hewani | 1 x | 1x | 1x | **3 X** |
| Lauk Nabati | 1 x | 1x | 1x | **3 X** |
| Sayur | 1 x | 1x | 1x | **3 X** |
| Buah |  | 1 x |  | **1 X** |
| Snack | 1 x |  | 1X | **2 X** |
| Menu Extra |  | 1X |  | **1 X** |
| **KELAS I** | | | | |
| Makanan Pokok | 1 x | 1x | 1x | **3 X** |
| Lauk Hewani | 1 x | 1x | 1x | **3 X** |
| Lauk Nabati | 1 x | 1x | 1x | **3 X** |
| Sayur | 1 x | 1x | 1x | **3 X** |
| Buah |  | 1 x |  | **1 X** |
| Snack | 1 x |  | 1X | **2 X** |
| **KELAS II** | | | | |
| Makanan Pokok | 1 x | 1x | 1x | **3 X** |
| Lauk Hewani | 1 x | 1x | 1x | **3 X** |
| Lauk Nabati | 1 x | 1x | 1x | **3 X** |
| Sayur | 1 x | 1x | 1x | **3 X** |
| Buah |  | 1 x |  | **1 X** |
| Snack | 1 x |  |  | **1 X** |
| **KELAS III** | | | | |
| Makanan Pokok | 1 x | 1x | 1x | **3 X** |
| Lauk Hewani | 1 x | 1x | 1x | **3 X** |
| Lauk Nabati | 1 x | 1x | 1x | **3 X** |
| Sayur | 1 x | 1x | 1x | **3 X** |
| Buah |  | 1 x |  | **1 X** |
| Snack | 1 x |  |  | **1 X** |